NARAINDAS MORBAI BUDHRANI TRUST

"TO BE HAPPY, MAKE OTHERS HAPPY"





ANNUAL REPORT

2024-25

Registered office : 125, 12th Floor Maker Chambers VI,
Nariman Point, Mumbai- 400 021

022 2284 6263/65

nmbudhranitrust@yahoo.co.in

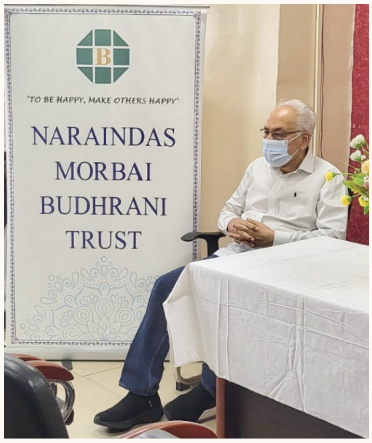
www.nmbtmumbai.org

MESSAGE FROM OUR CHAIRMAN

I am heartened by the remarkable progress made by the Trust this year. We have reached far and wide and have spread joy by serving many more people in need.

We as a team, have been practicing our motto: ***"To be Happy, make Others Happy"*** by sincerely serving the economically challenged. Each step we've undertaken has been for those who need us most, the unseen and unheard. We take with us hope to each family we serve, and we strive to instill self-respect and belief in each household. I see that we have carried out our work humbly with compassion, sincerity and unwavering dedication. I believe that all our good work done this year will pave the way for us to improve and expand our programs to empower more people across the country next year and in the future. **Naraindas Morbai Budhrani** Trust is committed to providing education, healthcare and general well-being to each and every deserving individual who does not have access to these essential needs.

I thank each and every one who has been involved, especially our partners, for helping us accomplish and even surpass our goals in this year. May God bless us to our utmost and our best in our ongoing efforts to serve.
May God bless us to do more and better in our ongoing efforts to serve.



MR. D.N BUDHRANI SIR

BOARD OF TRUSTEES


Mr. V N Hegde


Mr. Kishin Wadhwani


Mrs.Nimrata Dalamal


Mr. Arun Arora-C.A.


Dr. Avinash Supe-Ex Dean of K E M Hospital


Mr. Prakash Borgaonkar


Dr. Henal Shah (M.D.) Professor (Additional), Dept of Psychiatry, TNMC

The Naraindas Morbai Budhrani Trust, established in 2002, operates with the motto *"To be Happy, Make Others Happy."* Dedicated to supporting indigent communities, the trust undertakes various initiatives across India aimed at fostering sustainable development in education, health, community development, and disaster response.

OUR PROGRAMS

Health

- Mental Health
- Cancer Care
- Eye care
- Heart care

Education

- Value Education
- Student Counseling
- School Fee Support

Disaster Response

- Natural Disaster
- Epidemic / Pandemic response

Communty Development

- Mid-day meal
- Ration support / Meal support
- Medicine
- Physical Disability

OUR FOCUS IN 2024-25

1

Expansion of Medical Counseling Program

2

Value Education Content & Conduction Enrichment and Greater Outreach

3

Identifying viable and meaningful seva programs that we can directly execute

HEALTH

MENTAL HEALTH

We offered counseling support to underprivileged cancer patients and their caregivers at B.Y.L. Nair Charitable Hospital, K.E.M. Hospital, Nanapalkar Smriti Samitee Chemo Day care center, Sukun Nilaya Palliative Care center. and B.J. Wadia Children's Hospital. Our mission is to provide **emotional and psychological support** during one of life's most difficult journeys. Through compassionate care, we strive to ensure that **no one faces cancer alone.**



This year we have reached total 5597 beneficiaries through 6028 counseling sessions and other activities.

FINANCIAL SUPPORT FOR POOR PATIENTS WITH CANCER, HEART DISEASE AND CATARACT

CANCER CARE:

Financial aid for **cancer treatments for 1107 patients and 59 individuals with accommodation in our Ashray center** during cancer treatment, from B.Y.L. Nair Charitable Hospital, K.E.M. Hospital, and B.J. Wadia Children's Hospital, Tata Hospitals Elizabeth Hospital.

HEART CARE:

Supported **126 heart surgeries,** cases were referred to us by our partner hospitals, including B.J. Wadia Children's Hospital, K.E.M. Hospital (Mumbai), Fabiani and Budhrani Heart Institute (Pune), and Swami Vivekananda Medical Mission, (Nagpur).

VISION SUPPORT:

4,151 cataract surgeries across multiple partner hospitals, including K.K. Eye Hospital (Pune), Sankara Eye Hospital (Tamil Nadu), MAHAN Trust (Maharashtra), and Navbharat Jagriti Kendra (Jharkhand). In addition, we **provided per month spectacle support to 200 patients in need,** in collaboration with L.V. Prasad Eye Institute (Odisha)–helping restore clear vision and improve their quality of life.

EDUCATION

VALUE EDUCATION PROGRAM (VEP):

Value Education Program (VEP) is one of the flagship programs of the trust. This program has been implemented at selective schools of Mumbai, Palghar, Ahmedabad and various centres of Madhya Pradesh for 1st to 8th Std. Students. **14,516 sessions for 47,022 students across 5 regions.**

Mumbai

- 18 schools
- 5000 students
- 3068 value education sessions

Ahemdabad

- 12 schools
- 2022 students
- 1341 value education sessions

Madhya Pradesh

- 679 Kutirs
- 40000 students
- 10107 value education sessions

STUDENT COUNSELING:

To help students navigate the emotional and psychological challenges they face, under our VEP we offer dedicated counselling services. This year, we reached **733 beneficiaries** through a total of 1,865 individual and group counselling sessions.



WELLBEING SESSIONS:

we have conducted total 122 sessions for all **5000 students across 18 schools of Mumbai.** Such as Session on Menstrual Hygiene, Awareness session on Good Touch & Bad touch, Career Guidance, Positive Parenting etc



TEACHERS TRAINING ON VALUE EDUCATION SESSION CONDUCTION:

205 teachers From **Parivaar Education Society and other NGO,** Madhya Pradesh trained on session conduction.

SCHOOL FEE SUPPORT:

Access to education is a fundamental right, but for many less fortunate students, financial constraints hinder their ability to pursue academic goals. To bridge this gap, we have extended the fee support for needy students for their education in Ahmedabad, Baroda and Mumbai. **We have provided total 218 students scholarship support.**

COMMUNITY DEVELOPMENT

MID-DAY MEALS:

21,981 children supported across partner schools.

Annamrita Foundation, Palghar:	**9200** Students from **15** Schools of Wada and Boisar
Asthagram Trust, Khargon, Madhya Pradesh :	**213** underpriviledge Students
Akshay Patra, Silvasa, Hazaribaugh and Nayaghar:	**12568** Students from **116** govt. Schools

FOOD & RATION SUPPORT:

- **Ration Support : 150** deprived women supported in **Ahmedabad and Baroda.**
- **4** low-income patients in **Mumbai** received monthly ration support.
- **Food Support : 1,427** students from **18 kutirs** of Parivaar Education Society, Madhya Pradesh received **daily breakfast and dinner. 500 destitute individuals** supported with meals at Akshaya HELP Trust,
- **Marriage Support :** Empowered 18 underprivileged girls to start a new chapter with dignity and purpose.

MEDICINE SUPPORT:

- Providing **psychiatric medicines to mentally ill destitute individuals** and **medical aid to underserved women** is vital in addressing healthcare inequality and restoring dignity to the most marginalized members of society. **3,782 mentally ill destitute received psychiatric medicines via Shraddha Rehabilitation Centre,** aiding in their treatment and family reintegration. **20 female patients** from **Baroda** received medical aid.

AMBULANCE DONATION:

- To ensure timely emergency care in remote areas, we donated an ambulance to **Parivar organization in Betul District, Madhya Pradesh.** This vital service reached **540 tribal patients this year, improving health access in isolated regions.**

SUPPORT TO PERSONS WITH DISABILITIES:

- We are committed to inclusive development by supporting resource limited persons with disabilities through access to essential resources, rehabilitation, education, skills, and livelihoods. **In Jawhar Block, Palghar, Maharashtra, a survey across 11 Gram Panchayats identified 535 individuals with disabilities. In Himachal Pradesh,** in **partnership with CORD, our Panchayat-Based Inclusion Program reached 1,661 persons with disabilities across seven blocks of Kangra District in 2023.**

MENTAL HEALTH OUTREACH:

- We conducted **12 mental health sessions, benefiting 317 individuals**—including seniors, professionals, and security staff—promoting emotional resilience and stress management.

IMPACT STORY



Maya Dass: Forging Dignity Through Resilience and Self-Reliance"

Maya Dass, 65/M from Himachal, has 85% locomotor disability and belongs to a Below Poverty Line (BPL) family in Gram Panchayat Dadh. Despite having four brothers, he receives no support from them and lives alone in a small hut outside the village. Before his road accident, Maya Dass worked as a welder, earning enough to meet his needs. However, after losing his right leg to gangrene, his financial situation worsened. He started blacksmith work to earn a living, but it was insufficient. We supported him in starting a petty shop near his hut. In May 2024, he received financial assistance of **Rs. 35,000** to establish the shop. He now earns **Rs. 3,000-4,000** from selling confectionery items. Maya Dass, a symbol of self-leadership and resilience, also motivates other challenged individuals to live with dignity. He expresses his gratitude, saying, "Main NMBT ka bahut-bahut abhari hoon, jinhone mujh jaise besahara ki itni madad ki hai" (I am very grateful to NMBT for helping a destitute person like me).

WE NMBT TEAM



"Coming together is a beginning. Keeping together is progress. Working together is success."-Henry Ford

OUR PARTNERS

AKHANDJYOTI EYE HOSPITAL

Akshaya Trust HELPING THE HELPLESS

AKSHAYA PĀTRA Unlimited food for education

annamrita food for life

THE CACHAR CANCER HOSPITAL SOCIETY

CORD Chinmaya Organisation For Rural Development

HEART INSTITUTE

MAHAN Trust

JEEVANTIRTH

K K EYE INSTITUTE

LVPEI LV Prasad Eye Institute

NBJK

SACRIFICE SELFLESSNESS SERVICE

SANKARA EYE CARE INSTITUTIONS INDIA

SWAMI VIVEKANAND MEDICAL MISSION NAGPUR

Wadia Hospitals

Shraddha