NARAINDAS MORBAI BUDHRANI TRUST

"TO BE HAPPY, MAKE OTHERS HAPPY"



NARAINDAS MORBAI BUDHRANI TRUST

ANNUAL REPORT

2025-26

Registered office : 125, 12th Floor Maker Chambers VI,
Nariman Point, Mumbai- 400 021

022-40101201

nmbudhranitrust@yahoo.co.in

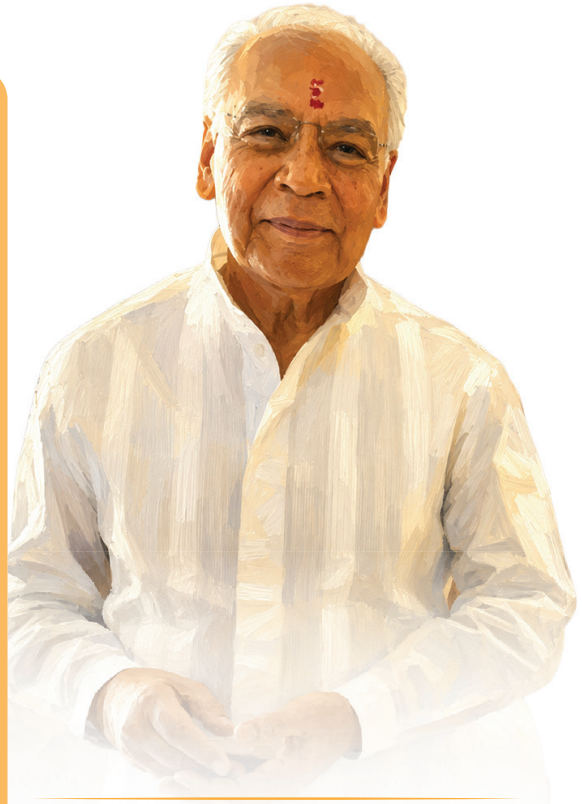
www.nmbtmumbai.org

The Naraindas Morbai Budhrani Trust, established in 2002, operates with the motto "To be Happy, Make Others Happy." Dedicated to supporting indigent communities, the trust undertakes various initiatives across India aimed at fostering sustainable development in education, health, community development, and disaster response.

I am heartened by the remarkable progress made by the Trust this year. We have reached far and wide and have spread joy by serving many more people in need.

We as a team, have been practicing our motto: **"To be Happy, make Others Happy"** by sincerely serving the economically challenged. Each step we've undertaken has been for those who need us most, the unseen and unheard. We take with us hope to each family we serve, and we strive to instill self-respect and belief in each household. I see that we have carried out our work humbly with compassion, sincerity and unwavering dedication. I believe that all our good work done this year will pave the way for us to improve and expand our programs to empower more people across the country next year and in the future. Naraindas Morbai Budhrani Trust is committed to providing education, healthcare and general well-being to each and every deserving individual who does not have access to these essential needs.

I thank each and every one who has been involved, especially our partners, for helping us accomplish and even surpass our goals in this year. May God bless us to our utmost and our best in our ongoing efforts to serve.
May God bless us to do more and better in our ongoing efforts to serve.



MR. D.N. BUDHRANI
CHAIRMAN

HEALTH

- Cancer care
- Mental Health
- Support group
- Heart care
- Eye care



EDUCATION

- Value Education programme
- Student counselling
- School fee support for Cancer-Affected families

COMMUNITY DEVELOPMENT

- Support to persons with physical disabilities in Jawahar Block, Palghar
- Midday meal for students
- Medicinal support for psychiatric treatment

HEALTH

A) COUNSELING AND SUPPORT

- This year we have conducted **1916 counseling sessions for 3120 marginalized patients** taking treatment in municipal and charitable hospitals at Mumbai. Specifically in B Y L Nair Charitable hospital, K E M Hospital, B J Wadia Hospital and Tata Hospital. Whereas we could extend our service to more beneficiaries at Nana Palkar patient support center at Borivali and Parel, Sukoon Nilaya Palliative care and Sant Gadge Maharaj Dharamshala.





- In addition to this, our group sessions such as wellbeing sessions and support group also conducted for such patients to psycho educate them on various mental health concerns during treatment. **Total 86 wellbeing sessions and 24 support group meetings conducted for them.**

B) FINANCIAL SUPPORT FOR TREATMENT

- **Cancer treatment support:** For timely availability of treatment which enhances survival rate among cancer patients we extended financial support to poor cancer patients for cancer treatment through **Chemotherapy, radiation therapy, Prosthesis support, stoma bag, Bone marrow transplant for 1,758 patients in Municipal Hospitals Mumbai and Cachar Cancer Hospital and Research Centre, Silcher, Assam.**
- Accommodation Support at our Ashray center for pediatric and woman cancer patients, **total 19 patients and 36 caregivers were our beneficiaries this year.**



C) VISION AND HEART CARE



Total 3667 poor patients were supported for cataract surgery and 709 spectacles support this year.Total 3667 poor patients were supported for cataract surgery and 709 spectacles support this year.



A total 176 pediatric and adult patients received support for heart surgery from B J Wadia Hospital, KEM Hospital, Mumbai and SVMM, Nagpur.

EDUCATION PROGRAMME

- **Value Education Program (VEP):** Value Education Program (VEP) is one of the flagship programs of the trust. This program has been implemented at selective schools of Mumbai, Palghar, Ahmedabad and various centres of Madhya Pradesh for 1st to 8th Std. Students. **12606 sessions for 48507 students across 4 regions conducted this year.**



- **Counseling in School:** Reaching unreachable make us cover students facing issues and required counseling from deserving community. **Total 1365 individual and group counseling sessions done for students from both Mumbai and Ahmedabad schools.**
- In addition to these **110 personal wellbeing sessions conducted across 30 schools from Mumbai and Ahmedabad** on various topics. Other special days such as **children's day, emoji (emotions) day, gratitude day** was celebrated with sessions, activities and games. These celebrations helped students learn important values while encouraging emotional expression, empathy, teamwork, self-awareness, and positive social interaction.
- We organized a six-day **Summer Camp in April 2025** across schools in **Mumbai,** engaging **300 students** in activities **themed around Career and Innovation.**

- The camp featured diverse sessions like **Shark Tank, KBC Quiz, Crime Investigation, Expressive Arts, Crack the Code, and Classroom Olympics** to build entrepreneurship, critical thinking, creativity, and teamwork. In Ahmedabad, 130 students from schools attended and enjoyed the summer camp. Students and school principals highly appreciated the free, impactful learning experience, with many requesting more such camps in the future.
- We also conducted a **Career Guidance Workshop for 44 Class students from std 10th** involving **psychometric testing** (Interest, aptitude, intelligence, and personality assessments) followed by **personalized counselling with 34 parents.** The sessions helped identify student strengths and career preferences.
- **Support for students:** We have extended school bag support to **23 students** and fee support to **162 poor and needy students** from Mumbai, Ahmedabad and Baroda.



COMMUNITY DEVELOPMENT

- **Support to Persons with Disabilities:** During the year, we completed a comprehensive house-to-house field assessment survey in Jawhar block in Palghar district, Maharashtra laying the groundwork for meaningful intervention. Building on this, our next step focused on empowering PwDs by facilitating the issuance of Unique Disability ID (UDID) cards—essentially government-recognized disability certificates. We successfully initiated the linkage process, through which approximately a dozen individuals with physical and mental disabilities received tangible benefits from various government schemes, including essential assistive devices such as wheelchairs, blind sticks, walkers, Jaipur foot, Jaipur hand, shoes, underarm crutches and hearing aids. These achievements were a direct result of our sustained field-level efforts and coordination with local authorities. Building on this momentum, we have now launched a similar survey in Mokhada block. In the 2025–26 reporting period alone, we surveyed 50 Gram Panchayats and identified 2,375 individuals with disabilities.



- **Mid-Day Meals:** Total 4330 deserving children supported: **2175 students Palghar, Maharashtra and 2155 students from schools of Hazaribagh, Jharkhand.**
- **Geriatric mental health:** To ensure mental health wellbeing of senior citizens, **10 mental health sessions in senior citizen association reaching 386 senior citizens and 17 individual counseling sessions at Sir J J Dharamshala** were conducted this year.
- **Ration Support to 150** deprived women supported in **Ahmedabad and Baroda.** 5 low-income patient's family in Mumbai received monthly ration support.
- **Food Support: 500 destitute individuals** supported **with meals at Akshaya Trust in Madurai, Tamil Nadu.**
- **Marriage Support: Empowered 19 underprivileged girls** to start a new chapter with dignity and purpose.
- **Medicine Support: 1863 mentally challenged destitute received psychiatric medicines via Shraddha Rehabilitation Centre,** aiding in their treatment and family reintegration. Also **28 female patients from Baroda** received medical aid.
- **Support to Parivaar: 1,427 students from 18 kutirs of Parivaar Education Society,** Madhya Pradesh received daily breakfast and dinner. To ensure timely emergency care in remote areas, have extended support for ambulance to **Parivar organization in Betul District, Madhya Pradesh.** This vital service reached **477 tribal patients this year, improving health access in isolated regions. We also conducted the Teachers Training on Value Education Session Conduction:** 205 teachers From **Parivaar Education Society and other NGO,** Madhya Pradesh trained on session conduction.

Case story of Restoring Strength, Hope, and Dignity

A 37-year-old woman courageously fighting cervical cancer. As a single mother, her journey has been especially challenging. Since her diagnosis, she has relied heavily on her 12-year-old daughter, who has become her strongest pillar of support during treatment.



Due to repeated hospital admissions for active chemotherapy, she could no longer continue her work as a house help, leaving the family with no stable income. During counselling session, we realized that while her medical treatment was vital, the struggle for regular, nutritious meals was an equally urgent concern.



Understanding these challenges, we stepped in to provide holistic support—covering not just her treatment needs but also ensuring steady grocery support. We offered continuous counselling, encouraging her to stay positive and helping her maintain treatment compliance. Over the past two months, we have witnessed a remarkable transformation among both mother and daughter with consistent emotional, nutritional, and treatment support. This is the impact of compassionate, comprehensive care—empowering patients not just to fight cancer, but to reclaim their dignity, strength, and hope for the future.

Through our programs, we have reached and supported 71,638 deserving beneficiaries with care, guidance, and meaningful assistance.

OUR ASSOCIATES

May God bless us to do more and better in our ongoing efforts to serve.

BOARD OF TRUSTEES



Mr. V N Hegde



Mr. Kishin Wadhwani



Mrs. Nimrata Dalamal



Mr. Arun Arora-C.A.



Dr. Avinash Supe-Ex Dean of K E M Hospital



Mr. Prakash Borgaonkar



Dr. Henal Shah (M.D.) Professor (Additional), Dept of Psychiatry, TNMC

OUR TEAM

